

## Good Information!

Registration begins in September with Conditioning Skates that start shortly after. League play begins in November and runs until Spring Break.

Rockford Rams Inline Hockey Club is an RHS Club Sport. Coed as well.

Fundraising efforts are used to reduce players fees if needed. Many opportunities are available for students to raise funds for their fees.

Equipment is required: inline hockey skates, helmet (w/face cage), shin and elbow pads; shoulder pads and girdle encouraged. Our club has some equipment available for rental if needed. First come, first serve.

Rockford Rams Inline Hockey Club sponsors a Senior Scholarship yearly.

If all participation criteria are met, Rockford High School student athletes will receive an RHS Club Sport Letter for participation.

All conditioning skates, practices, games take place at Cedar Rock Sportsplex.

**For further information and/or any questions, please contact us through our website:**

[www.ramsinlinehockey.org](http://www.ramsinlinehockey.org)



Rockford Rams Inline Hockey Club

P.O. Box 656

Rockford, MI 49341

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# Rockford Rams Inline Hockey Club



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# About our Club

The Rockford Rams Inline Hockey Club was founded in 2003 as the Rockford Rollers. This was a group of students and parents with a vision to provide an affordable, coed, alternative to ice hockey. They achieved RHS Club Sport status in 2004 and have grown from eight athletes to as many as 44 per season. The Rockford Rams Inline Hockey Club is committed to the development of an affordable program promoting positive, challenging experiences for high school students through participation in inline hockey.

Inline hockey is a physically demanding team sport which fosters the opportunity for young people to develop healthy bodies while encouraging team spirit and fair play, through progressive leadership and by ensuring meaningful opportunities and enjoyable experiences in a safe, sportsmanlike environment.

With our dedication towards fairness, consistency and hard work we hope to encourage participation for as many Rockford High school students as possible. The Rockford Rams Inline Hockey Club is a non-profit volunteer organization.



## Items of interest

~ Many colleges and universities boast inline hockey programs.....Eastern Michigan, University of Michigan, Michigan State, Western Michigan University and GVSU. Some of our alumni have gone on to participate in these and other college programs!

~ Inline hockey, often referred to as roller hockey is NOT played with a ball, but rather a puck with raised beads to allow the puck to “float” on the rinks surface.

~ An inline hockey game consists of three periods of play, at sixteen minutes each. The game is played on a full size (185’x85’) Inline Hockey rink with NHL-style dasher-boards and glass (slightly smaller than an NHL rink).

~ Inline hockey is played with four players plus one goalie. No blue line, or offsides. No checking, no fighting – fighting will get you ejected from the game!

~ Locally, the Cedar Rock Sportsplex is the place for playing inline hockey! They have leagues for all ages --- youth, high school and adult leagues run nearly all year round! Check them out at:

[www.cedarrocksportsplex.com](http://www.cedarrocksportsplex.com)

